

Psychiatric Medical Association of New Mexico

A District Branch of The American Psychiatric Association

"Physicians Specializing in Psychiatry"

Newsletter June 2024

The University of New Mexico (UNM) School of Medicine Department of Psychiatry has held an annual spring conference for several years. The New Mexico Behavioral Health Services Division (BHSD), Psychiatric Medical Association of New Mexico (PMANM) and the Executive Secretary of the Council of Ministers of Health of Central America and Dominican Republic (SE-COMISCA) have partnered and will assist in coordination of our spring 2024 annual conference. The main objective of this conference is to share good practices among Mental Health professionals serving rural communities and minority groups. For the second year in a row, this spring event will be entirely in Spanish (English subtitles).

This **CME** event is free to attend!

Registration and More Information



2024 Annual University of New Mexico **Rural Psychiatry** Spring Conference (Virtual)

Focusing on the Strengths of Our Culture: The Mental Health of Our Children and Youth Beyond Borders

REGISTER EARLY!



No Cost

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SAVE THE DATE

Friday, May 31, 2024 8:00 am - 1:00 pm MDT/CST

> (Central America) 100% Spanish Speaking (English Subtitles)

CLICK FOR MORE INFORMATION











APA National Meeting

I had a wonderful experience at the APA meeting. I enjoyed many talks on a variety of topics from pharmacology to therapy. My favorite was one on lithium from Stahl and Jonathan Meyer; as an older, cheaper drug, it often doesn't get the credit it deserves, so it was great to hear new insights on it from the experts. Additionally, the talks on forensic issues and risk management were very valuable as it is an area I'm not as familiar with.

The connections and networking at APA were also priceless. I was able to meet and chat with psychiatrists from the city I am hoping to relocate to, which is extremely helpful when job searching out of town, while catching up on old connections with my old medical school mentors and grads from UNM.

Even now, I am still catching up on reading all the downloaded slides from the meeting. There was so much to learn and I'm greatly appreciative of the opportunity from PMANM.

Dr. Jessica Thai, PNAMN Resident Member



Distinguished Fellow and Fellow

If you have been informed that you are eligible, please apply!!! Contact Christine Cotter with any questions.

Why become a Distinguished Fellow?

Distinguished Fellowship is awarded to outstanding psychiatrists who have made significant contributions to the psychiatric profession in at least five of the following areas: administration, teaching, scientific and scholarly publications, volunteering in mental health and medical activities of social significance, community involvement, as

well as for clinical excellence. Distinguished Fellow is the highest membership honor the APA bestows upon members.

For more information on APA Distinguished Fellowship click here

To access the application, <u>click here</u>

Why become a Fellow?

- Fellow status is an honor that reflects your dedication to the work of the APA and signifies your allegiance to the psychiatric profession.
- You are recognized by your colleagues in the Association as a member of a very select group.
- All newly appointed Fellows are publicly recognized at the Convocation of Distinguished Fellows, which is held every year during APA's Annual Meeting.
- You receive a lapel pin in recognition of your status.
- Annual dues rates for General Members and Fellows are the same.

For more information on APA Fellow benefits and to apply, click here

PMANM Council

Our council meetings are conducted via Zoom. All members are welcome. However, if you'd like to participate, please send me an email at PsychiatricNM@pmanm.org, and I'll send you the link. The next meeting will be on Thursday, June 20th, 2024 from 5:30-6:30PM Mountain Time.

We are also looking for volunteers to assume Officer positions, including President. Please email me if you are interested.

-Christine Cotter